INTERPROFESSIONAL MANAGEMENT OF NEUROPATHIC PAIN CONFERENCE

October 12 & 13, 2012
Friday & Saturday
Moose Jaw, SK
Temple Gardens Hotel & Mineral Spa

Presented by:
Continuing Physical Therapy Education, School of Physical Therapy and Continuing Professional Learning, College of Medicine
University of Saskatchewan
CONFERENCE DESCRIPTION & GOALS

CONFERENCE DESCRIPTION:
The goals of Interprofessional Management of Neuropathic Pain are to support the development of interprofessional teams that provide evidence-based management of neuropathic pain and use technologies to support both team building and patient care. The program will include case-based plenary and breakout sessions.

TARGET AUDIENCE:
The target audience includes family physicians, specialists, physical and occupational therapists and assistants, pharmacists, nurses and nurse practitioners, social workers, message therapists, and psychologists. Other health professionals are welcome to attend.

PROGRAM

Friday, October 12, 2012
Temple Gardens
Chairperson: Stacey Lovo Grona

12:30 pm Registration
12:45 pm Welcome (15 minutes)

12:50 pm What Do I Do With a 15 out of 10 - Understanding the Influences on Pain Scores
Dr. S. Tupper

Learning Objectives - Participants will be able:
- to distinguish between pain perception & pain expression
- to identify biological, psychological & social factors that affect pain expression & may contribute to unusual pain presentations
- describe how peripheral & central sensitization and descending endogenous modulation of pain may contribute to unusual pain presentations

1:35 pm Questions & Discussion – (10 minutes)

1:45 pm Mindfulness for Pain Management
A. Chakravarti

Learning Objectives - Participants will be able to identify mindfulness practices that can be integrated into interprofessional care plans for neuropathic pain patients

2:45 pm Questions & Discussion - (10 minutes)

2:55 pm Use of Technologies in Team Building
V. Curran

Learning Objectives - Participants will be able to identify the ways in which technologies can be used to support interprofessional team development in rural and remote areas

3:35 pm Questions & Discussion - (10 minutes)

3:45 pm Nutrition Break & Displays - (15 minutes)

4:00 pm Neuropathic Pain and Depression
Dr. O. Afolabi

Learning Objectives - Participants will be able:
- to identify relationships between neuropathic pain and depression through case-based discussion
- discuss the creation of interprofessional care plans for patients with these co-morbidities

4:40 pm Questions & Discussion (10 minutes)

4:50 pm Pain Management Across the Lifespan
Dr. S. Tupper

Learning Objectives - Participants will be able:
- to develop a comprehensive pain assessment plan
- to select appropriate pain measure tools for children and adults across the lifespan
- to discuss strengths and limitations of selected pain assessment tools

5:20 pm Questions & Discussion (10 minutes)

5:30 pm Adjourn for Friday

Saturday, October 13, 2012
Mineral Spa
Chairperson for Morning: Heather Stenerson

8:00 am What Do We Know Now That We Didn’t Know 5 Years Ago - Dr. P. Squire

Learning Objectives - Participants will be able to identify new developments in neuropathic pain and discuss ways to incorporate some of these into practice

9:00 am Questions & Discussion (10 minutes)

9:10 am Neuropathic Pain Assessment
Dr. P. Squire

Learning Objectives - Participants will be able:
- to use mapping to determine the area of sensory abnormality
- to determine if the pattern of the pain is consistent with one or more peripheral nerves, and then use bedside quantitative sensory testing to determine if there is evidence of sensory loss or gain for touch, pinprick and temperature
- to use bedside quantitative sensory testing to identify central sensitization

10:10 am Questions and Discussion (10 minutes)

10:20 am Nutrition Break and Displays (20 minutes)
10:40 am  Medico-Legal Risk Management of Patients with Neuropathic Pain - Dr. S. Swiggum

Learning Objective - Participants will be able to employ 2 strategies to decrease medico-legal risk when managing patients with neuropathic pain

11:40 am  Questions and Discussion

11:50 am  Interprofessional Program Planning for Pain - Dr. S. Tupper

Learning Objective - Participants will be able to identify the health professionals and processes needed in the planning and design of an interprofessional pain management program

12:20 pm  Questions & Discussion (10 minutes)

12:30 pm  Lunch & Displays (60 minutes)

Tai Chi optional session

Shane Kachur: Use of Tai Chi for Pain

Yun Shou: Waving Hands like the Clouds

Learning Objective - Participants will discuss how Tai Chi (TC) can be used as exposure therapy to reduce fear of pain and activity as well as its ability to counteract sympathetic nervous system activity that is attributed to the maintenance of persistent pain. Hall et al (2011) in their randomized controlled trial identified that TC safely improves pain symptoms and reduces disability in persistent low back pain sufferers. In this session one important Tai Chi form, Yun Shou (cloud hands) will be presented in a practical session with discussion of its use to manage persistent pain

Chairperson for afternoon: TBA

1:30 pm  Breakout Sessions

• Participants to select 3 out of 4 of the following breakout sessions. Each session will begin with a brief description of a case followed by a facilitated discussion of the optimum management:

1. Social Media Pitfalls and Cautions in Patient Care and Team Building - Dr. S. Swiggum

Learning Objective - Participants will be able to identify risks associated with using social media and electronic communications in patient care and team building

2. Neuropathic Pain and Musculoskeletal Injury (Radiculopathy) - R. Bourassa

Learning Objective - Participants will be able to apply evidence on neuropathic pain management to a case involving a musculoskeletal injury

3. Medication Management, Opioids Use - L. Kosar in collaboration with Canadian Agency of Drugs and Technology in Health

Learning Objective - Participants will be able to apply evidence based guidelines when using opioids for neuropathic pain

4. Dermoneuromodulation: The Therapeutic Application of Human Physical Contact - D. Jacobs

Learning Objectives - Participants will be able:

- to identify relevant afferent sensory pathways
- to describe current theory regarding processing, and descending modulation system functions related to external touch, tunnel syndromes, and cutaneous dissemination of peripheral neural rami
- to discuss and appreciate the importance of creating a suitable context to elicit appropriate descending rostral influences on applied somatosensation
- to explain the principles of dermoneuromodulation
- to explain the importance of the physical forces (slow speed, mild skin stretch) used in the application of dermoneuromodulation
- to discuss findings of a case series study which combined pain education, movement therapy, and dermoneuromodulation for persistent pain

2:00 pm  Relocation Break

2:05 pm  Breakout Sessions (Repeat 1:30pm choices)

2:35 pm  Relocation Break

2:40 pm  Breakout Sessions (Repeat 1:30pm choices)

3:10 pm  Nutrition Break and Displays (15 minutes)

3:25 pm  Interventional Management for Chronic Neuropathic Backache - S. Ishwarlall

Learning Objectives - Participants will be able:

- to identify the patients that would benefit from epidural injection for backache
- to explain the mechanism of action of drugs in the injectate
- to explain relapse and remittance of symptoms
- to discuss interventional pain management within the interprofessional health system, including time, place, and expertise of professionals involved

3:55 pm  Questions & Discussion (10 minutes)

4:05 pm  Complex Regional Pain Syndrome Management - Dr. P. Squire

Learning Objectives - Participants will be able:

- to identify early CRPS management based on history & physical exam
- to cite common treatments that have efficacy
- to discuss management challenges and collaboration with other health care specialists

4:35 pm  Questions & Discussion (10 minutes)

4:45 pm  Wrap-Up - Stacey Lovo Grona
REGISTRATION FORM

Dr ___  Mr ___  Ms ___  First Name ____________________________________________________________

Last Name ________________________________________________________________________________

Mailing Address ____________________________________________________________________________

City ____________________________________________________  Prov _________ Postal Code ____________

Telephone No. ___________________________________________ Fax No. ________________________________

Email Address (Required) ________________________________________________________________

Cheque ___  VISA ___  MasterCard ___  Card Number _____________________________________________

Expiry Date (MM/YY) ___________  Signature __________________________________________________

____  Family Physician

____  Specialist (specify) ____________________________

____  Medical Resident (specify) ____________________

____  Medical Student

Physicians /Specialist - Full Course

___  $420.00     Before September 21

___  $472.50     September 21 and after

Other Health Professionals - Full Course

___  $336.00     Before September 21

___  $393.75     September 21 and after

Residents/Students (medical, pharmacy, nursing) - Full Course

___  $131.25    Flat rate

U of S - GST Registration Number 11927 9313 RT0001 (GST included in all prices)
Fee may be pro-rated for partial attendance

Send Registration to:

Online:  https://www.usask.ca/cme/courses/registration.php

Email:  cpte.program@usask.ca

FAX:  (306) 966-7673

Mail:  Continuing Physical Therapy Education
       Box 60001 RPO University, Saskatoon, SK  S7N 4J8

INTERACTIVE SESSIONS

Small group session attendance will NOT be allocated for this conference. Please remember, seating is limited. If the room is full, participants will attend another session and return for the next offering (most sessions are offered two times).

CANCELLATION & REFUND POLICY

Cancellations must be received in writing before September 21, 2012 and will be subject to a $75.00 administration fee. Refunds will not be considered on or after September 21, 2012. Continuing Professional Learning, College of Medicine, reserves the right to cancel or postpone a course due to insufficient registration or circumstances beyond our control.
This course may be cancelled twenty (20) days prior to the course date. Each registrant will be notified by telephone, with written notification & a full refund. Continuing Professional Learning, College of Medicine is not responsible for any other costs including, but not limited to, airline or hotel penalties.

Registration includes Friday lunch, Saturday continental breakfast, handouts & all education sessions.

Please make cheques payable to:  Continuing Professional Learning

Registration will NOT be processed until payment is received.
SCENT FREE CONFERENCE
Due to the health concerns arising from exposure to scented products, we have instituted a policy to provide a scent-free environment for all participants. Scented products such as hair spray, perfume, and certain deodorants can trigger reactions such as respiratory distress and headaches. We kindly ask you to consider others and not use these products during the conference. Thank you.

ACCOMMODATION
A block of rooms has been reserved at the Temple Gardens Mineral Spa Resort - 24 Fairford St. E. Moose Jaw, S6H 0C7. Hotel rooms $189 for single and double rates, superior with king, superior with 2 queens, supreme with 1 king or supreme with 2 queens. To receive the group rate, rooms must be booked by September 12, 2012. Please reference Group Booking Number 9477 and state “with the University of Saskatchewan”. Tel: (306)-694-5055 or 1-800-718-7277

PARKING
Parking in the Temple Gardens Mineral Spa Resort parkade is $4.99/day if staying in the hotel or $7.00/day if not staying in hotel. On street parking is approximately $1.00/hr.

SMA EDUCATION BANK
Up to $3000.00 of fees for recognized Continuing Medical Education activities can be recovered each year by Saskatchewan physicians from the CME fund, which is managed by the Saskatchewan Medical Association.

STUDY CREDITS
As an organization accredited to sponsor Continuing Medical Education for physicians (by the Committee on Accreditation of Canadian Medical Schools), Continuing Professional Learning, College of Medicine, University of Saskatchewan, has approved this education program for up to 11.75 MAINPRO-M1 credits on behalf of the College of Family Physicians of Canada, Saskatchewan College. Reciprocal recognition is provided by the American Medical Association for the Physician's Recognition Award, and by the American Academy of Family Physicians. This educational event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians & Surgeons of Canada.

DECLARATION OF POTENTIAL CONFLICT OF INTEREST
In keeping with accreditation guidelines, speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest, relating not only to the subject matter of this program but also to any other medical topic.

PHOTOGRAPHS and VIDEO
Photographs or video are routinely taken of participants for advertisement and other purposes. By registering for the conference, you hereby grant the committee permission to utilize photos of you taken at the conference for advertising purposes.
*Audio and video recording or photographing of sessions by participants is prohibited.

ROOM TEMPERATURE
We would like to remind all participants that the room temperature may vary from time to time. While we will try our best to accommodate everyone, we cannot control these variants. Please dress in layers.