Practice Improvement Record
Share your journey of learning and professional growth

1. What self-selected activity did you DO and why? *
   In your response include, at a minimum: (a) name of activity, (b) description of activity, (c) date(s) of activity, (d) reason for choosing the activity (e) how the activity fits with your practice (current or future).

2. What did you LEARN and how did you GROW professionally? *
   In your response include, at a minimum, specific detail on: (a) what you learned, (b) how your personal competence improved, (c) how what you learned benefited patients or the physiotherapy/health care system, (d) name and source of two resources used for this activity to show you used current information to improve your practice.

3. Looking back, which Standard of Practice or Code of Ethical Conduct was addressed by participating in this activity? *

4. Your evidence of participation.

* Indicates a mandatory response.