

Urgent Care and Telerehabilitation: Information for Patients

Physiotherapy is a touching profession, so directions to practice physical distancing and avoid person-to-person contact during the COVID-19 pandemic don't translate well when applied to physiotherapy treatment. As this pandemic has unfolded, direction to physiotherapists has centered around maintaining a safe practice environment through enhanced cleaning practices, increasing social distance in waiting rooms and treatment spaces, and encouraging those who are ill, both patients and physiotherapists alike, to stay home.

On March 27, 2020, Premier Kenney and Chief Medical Officer of Health Dr. Hinshaw announced new restrictions on businesses that involve personal contact due to the pandemic and the risks of transmission of the virus through person-to-person contact.

As a result, private practice physiotherapy clinics and other physiotherapy businesses were directed to close except when providing emergency and urgent services.

[Click here to learn more about telerehabilitation and what qualifies as urgent care.](#)